

HEALTH PROTOCOL
OF THE GENERAL SECRETARIAT OF SPORTS
FOR OFF STAGE EVENTS

Mass sports' competitions are allowed off stadiums (except organized sports facilities), with no limitation on the number of participants, with the following basic conditions:

- At least 95% to be vaccinated (with a vaccination certificate or certificate of recovery) and up to 5% of non-vaccinated participants.
- **Unvaccinated adult participants** (18 years or older): PCR within 72 hours or rapid test within 48 hours
- **Unvaccinated minor participants** (under 18): self testing within 24 hours before the race (recommended on race day).
- Use of the mask before the start and once again right after the end of the competition.
- Online pre-registrations – to avoid mass gatherings at the secretariat
- Award ceremonies are NOT allowed.
- Measures to avoid overcrowding- at the beginning and at the end of the route- with continuous flow forecasts of the participants.

Use of a mask

Mandatory in all areas. Athletes are excluded during exercise.

Use of disposable gloves

Only when transporting clothing and providing medical assistance. Frequent hand sanitation is recommended -instead of gloves.

Checking on the behalf of the staff of the event

72-hour PCR test or 48-hour rapid test or valid vaccination or certificate of recovery.

Instructions for social distancing measures

Those who are excluded from the screening tests with COVID-19 antigen test, must provide a valid vaccination certificate or certificate of recovery (based on Current Joint Ministerial Decision- JMD).

If there is a group movement of participants for the races, it is recommended that the test should be done before the transfer (before boarding a plane, a bus, etc.), provided that the limits of the above paragraph are followed.

At start-up and finish of the route, there will be measures to avoid overcrowding with continuous flow predictions of the participants.

It is highly recommended to avoid hugs and handshakes.

Registrations

Online registration of participants.

Award Ceremonies

Award ceremonies are not allowed. However, an adjustment can also be made.

Athletes are about to receive their medals by themselves, without contact, following the measures of social distancing.

Audience

The presence of spectators in all matches/races is prohibited.

Instructions for disinfecting the equipment shared by everyone

According to the Instructions of NPHO / EODY for the cleaning / disinfection of non-sanitary Places: <https://eody.gov.gr/odigies-gia-ton-perivallontiko-katharismo-mi-ygeionomikon-monadon-poy-echoun-ektethei-ston-io-sars-cov-2/>

Disinfection is recommended before and after using the equipment.

Management of athletes, technical staff etc in the event of a new coronavirus case

The following are the instructions of NPHO/EODY for the general population:

<https://eody.gov.gr/wp-content/uploads/2021/12/epikairopoisi-odigion-apomonosis-kai-quarantine-kroymaton-covid-19-20211229.pdf>

Transfers

The transfers of participating athletes, staff, judges, etc. for each event's purposes, will be conducted regarding the protocols of NPHO/EODY for transportation.

USEFUL INFORMATION:

Antigen test from NPHO/EODY task forces: In cases where rapid antigen tests are performed on behalf of NPHO/EODY, the interested party will enter the website www.gov.gr and the field «Health and welfare» . Then in the field «Coronavirus COVID-19 and “Confirmation of negative diagnostic coronavirus COVID-19”».